

Northside Hospital Updated Medication Guidelines for

GLP-1 drugs:

Anesthesia has now approved that **ALL** patients taking GLP-1s (i.e. weight loss drug/ Medication for Diabetes) should STOP any of the medications listed below for **ONE FULL WEEK PRIOR TO DATE OF SURGERY** or longer if instructed by the Physician.
(Injection or Oral pill applies)

Patients should also be on a CLEAR liquid diet for 24 hours **PRIOR to Surgery.**

Medications include:

- Dulaglutide
- Semaglutide
- Saxenda
- Liraglutide
- Exenatide
- Byetta
- Lixisenatide
- Rybelsus
- Tirzepatide
- Exenatide
- Adlyxin
- Ozempic
- Trulicity
- Victoza
- Mounjaro